

INFRARED SAUNA

Instruction Manual

RED LIGHT
NEAR INFRARED
FAR INFRARED
GROUNDING

Heavenly Heat
Saunas



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INSTALLATION PROCEDURE

Dear users,

Please read the directions carefully before use. The installation of the sauna requires a minimum of 2 people. You should not try to install the sauna on your own.

Caution:

No plumbing or plumbing fixtures should be placed in the sauna.

Keep all liquids away from the heating panels.

Install sauna on a completely level surface.

Install sauna in an area that is dry.

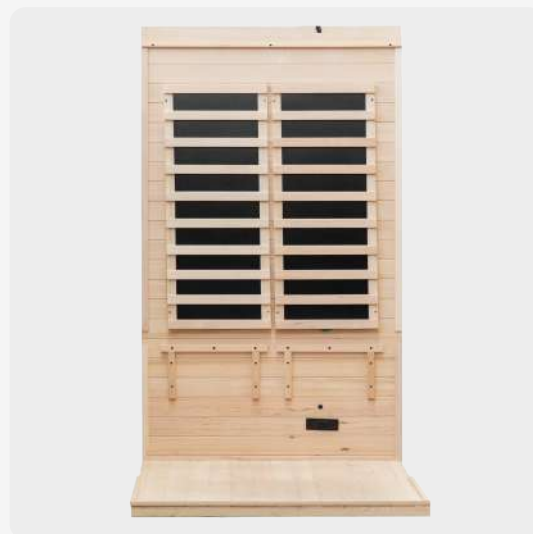
Flammable objects and corrosive chemical substances should be kept far away from the sauna.

Instructions

1. Open sauna packages in a large area. Place Floor Panel (Box C) in desired location.



2. Place Back Panel (Box A) snug behind Floor Panel.



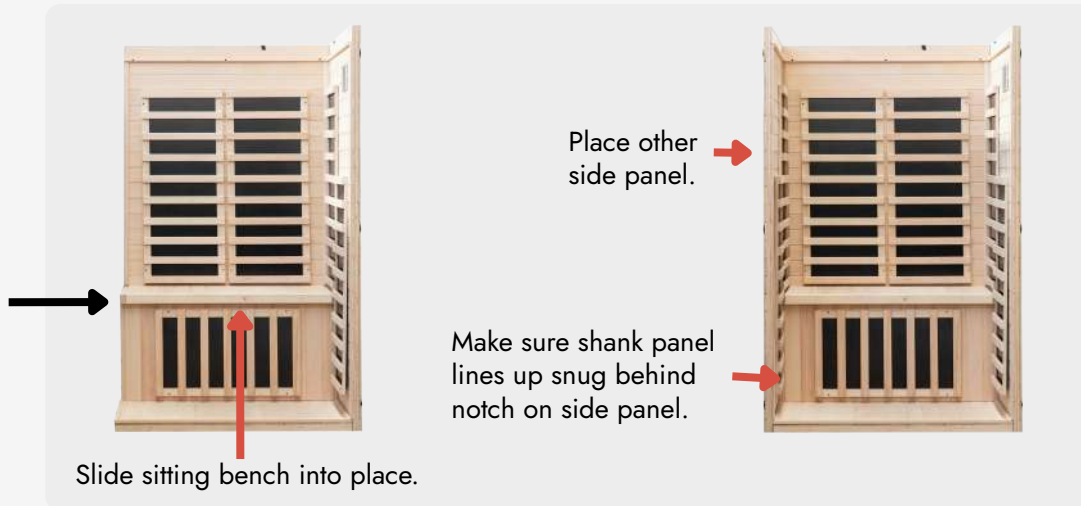
- Place Side Panel (Box B) snug to Floor Panel and Back Panel. Make sure panels are completely snug (You may need to give it a few strong taps). Secure with three external buckles on exterior of panels. The external buckles should only be used to secure the panel. They are not used to tighten the fit of the panels. Make sure panels are completely snug before securing external buckles.



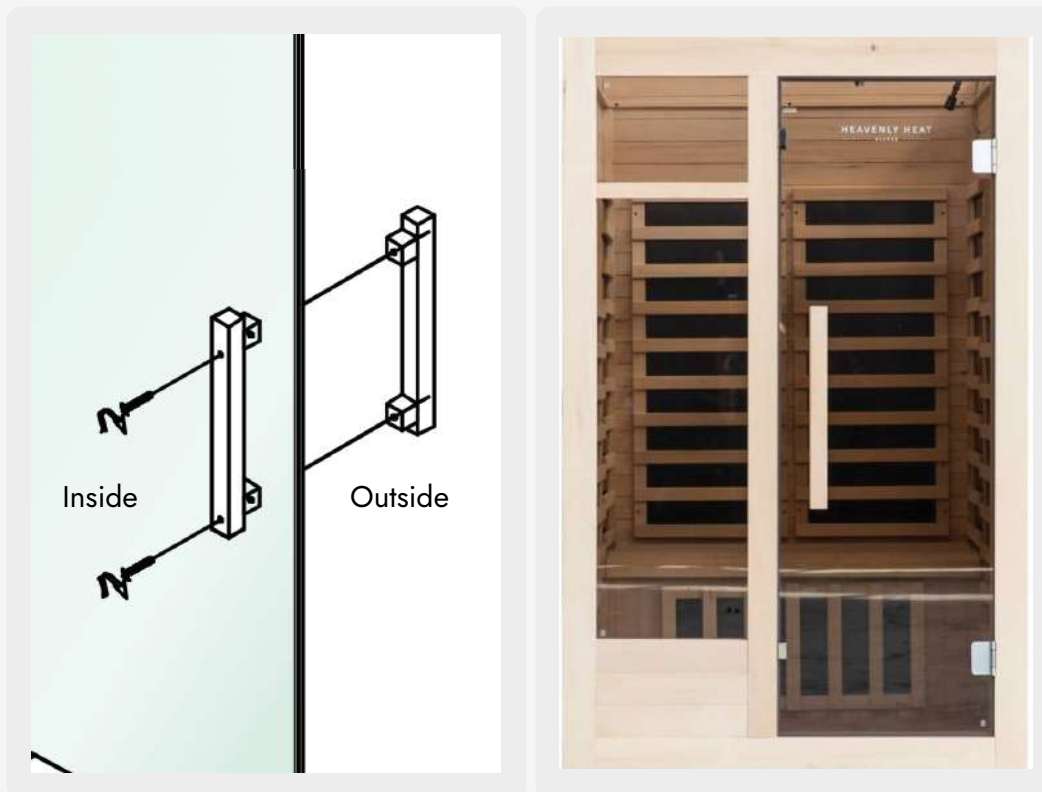
- Insert the shank panel snug behind the notch on the side panel and connect cord to the Back Panel, Insert Sitting Bench support and secure with **30mm black screws**.



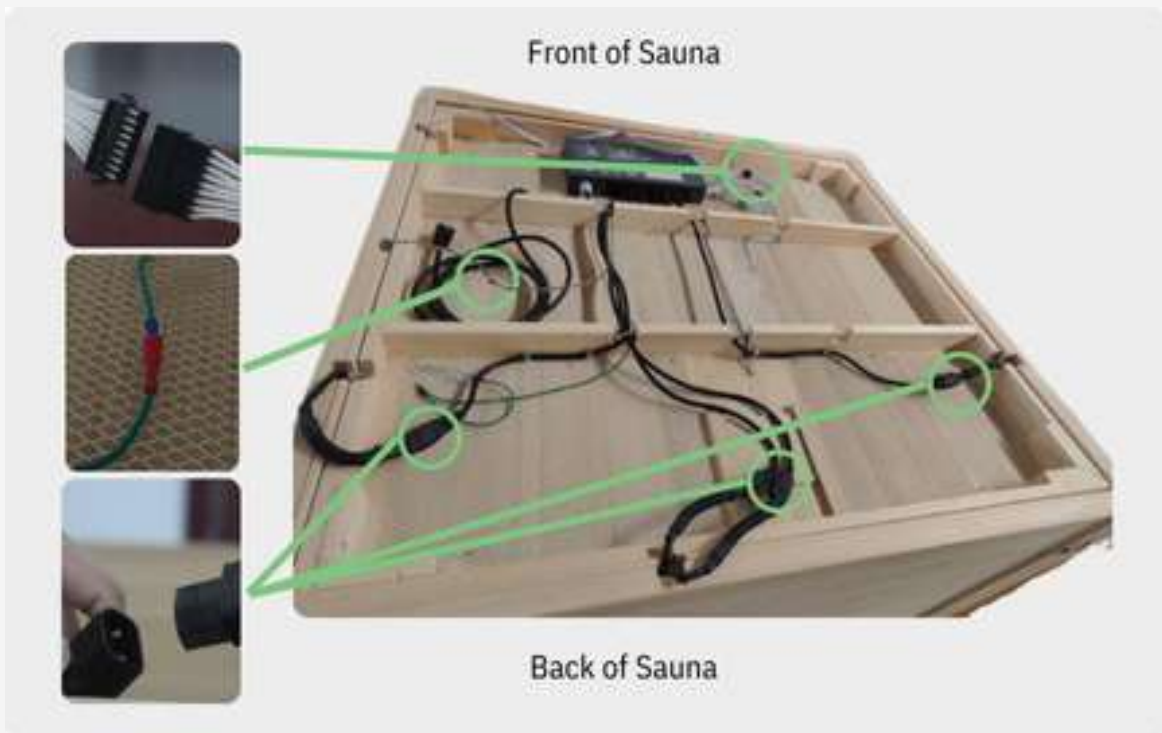
- Slide sitting bench in to place with the notches snug behind the shank panel. Place the other Side Panel snug with Floor and Back Panel. Make sure the shank panel is lined up with the notches on the Side Panel. Secure other Side Panel to Back Panel with 3 external buckles.



- Install door handle with provided bolts. Do not over-tighten bolts. Then install front panel (Box A). Ensure front panel is snug with the Floor and both Side Panels before securing external buckles.



7. ***Make sure to clear all wires from the walls to the outside of the sauna so the ceiling will fit into place.*** Lift ceiling over the top of sauna and it will slide into place snug with Front, Back, and Side Panels. The vent is located at the back of the sauna above the bench, and the black electrical box is located towards the front of the sauna. Next, connect all cords from the Back and Side panels to the corresponding plugs on the ceiling.



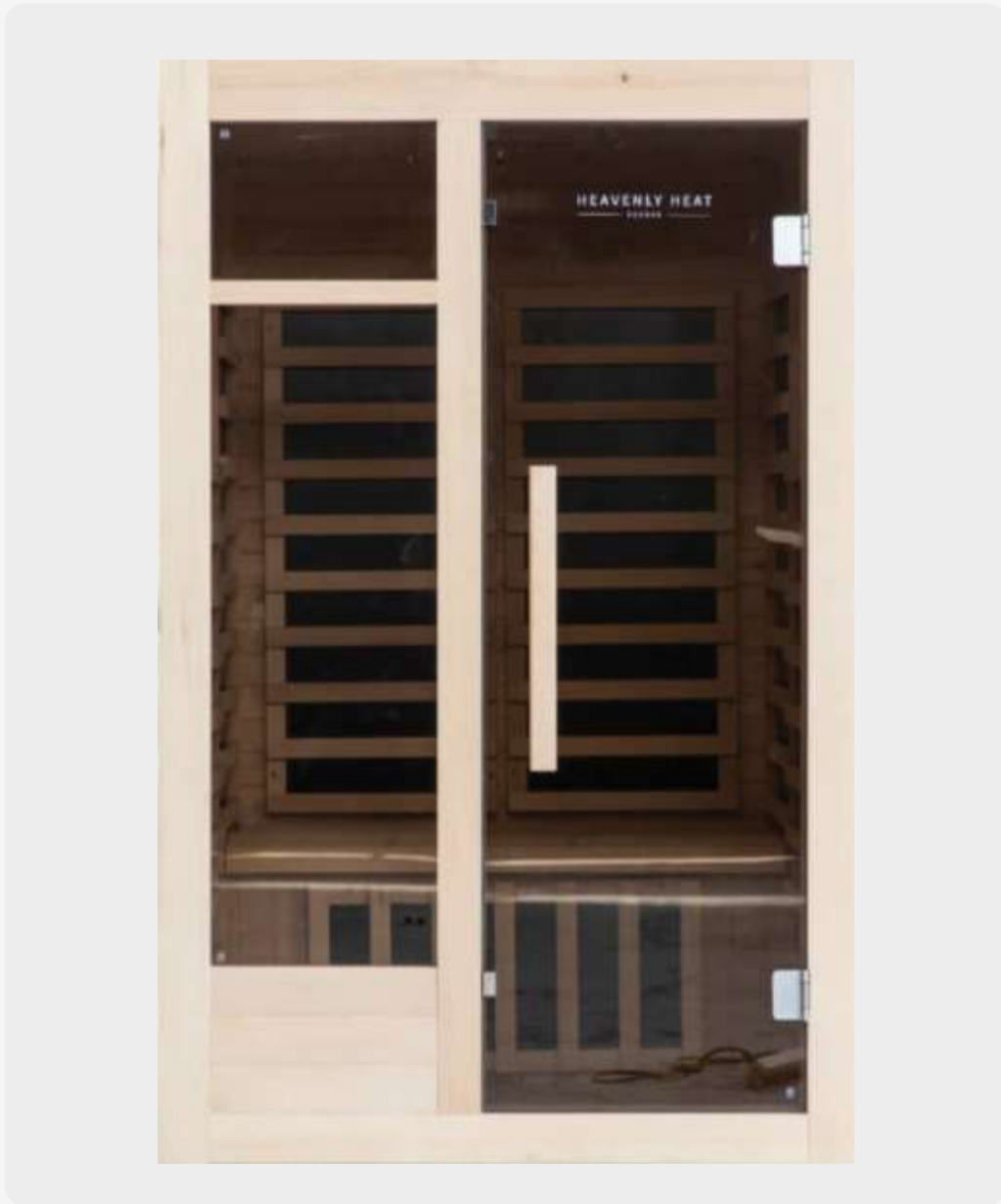
Power cord
(120V 15A).



8. **Optional:** Use 30mm black screws to secure ceiling to wall panels. This is not required for the function of the sauna, but if you will be sliding the sauna around we recommend adding these screws.



8. Whole sauna.



Congratulations!

*The assembly of the sauna is complete.
Now you're ready to install the red light.*



Red Light Installation

1. Use a screwdriver or drill to remove the window frame on the inside of the sauna.



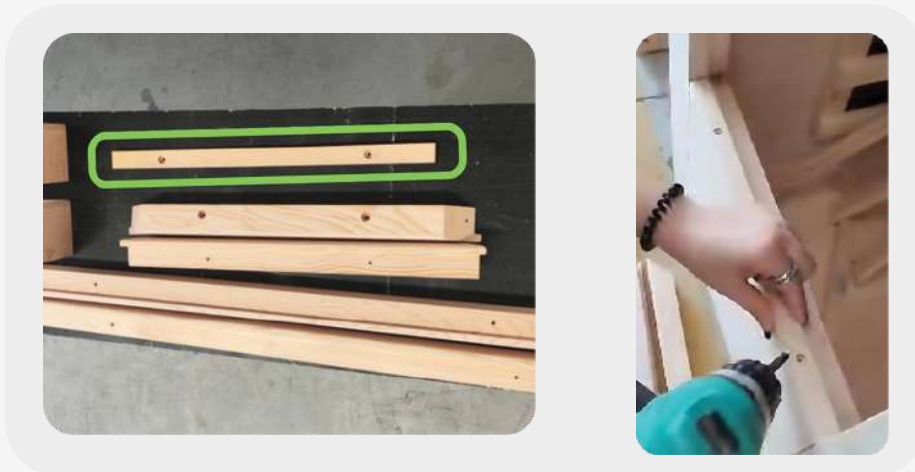
2. Gently push on the glass window from the outside and control removing it from the inside.



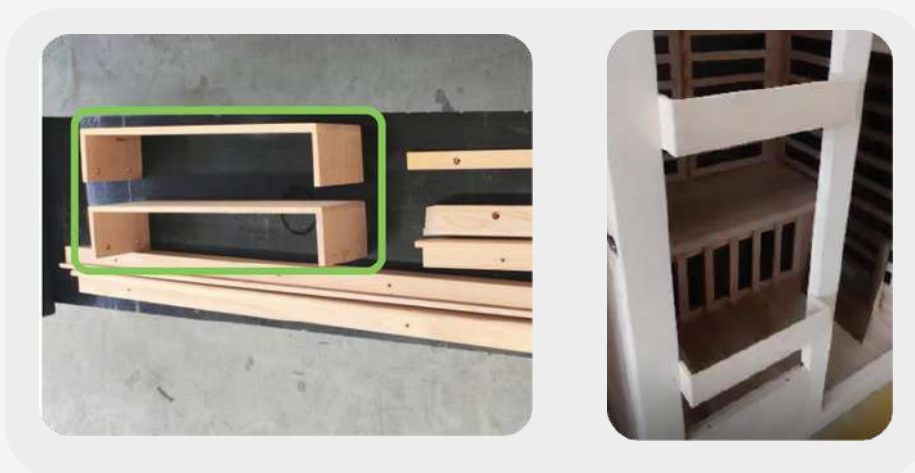
3. Locate the frame and mounting pieces for the red light.



4. Install the wood base for the Red Light with two **30mm screws** in the pre-drilled holes.



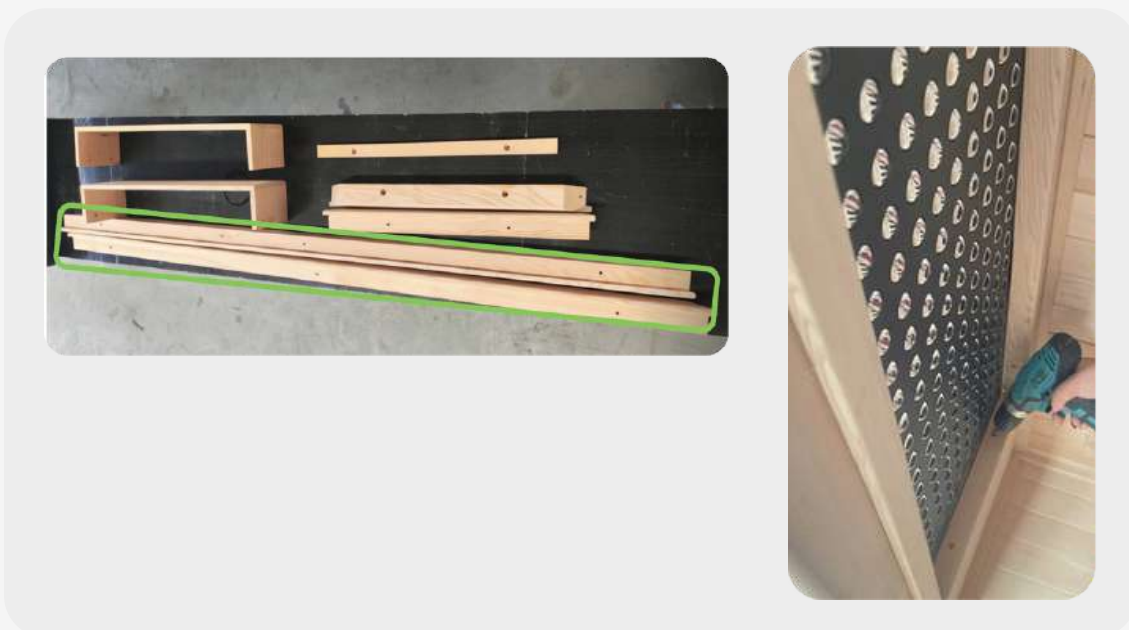
5. Install the backing for the Red Light with **30mm screws** in pre-drilled holes.



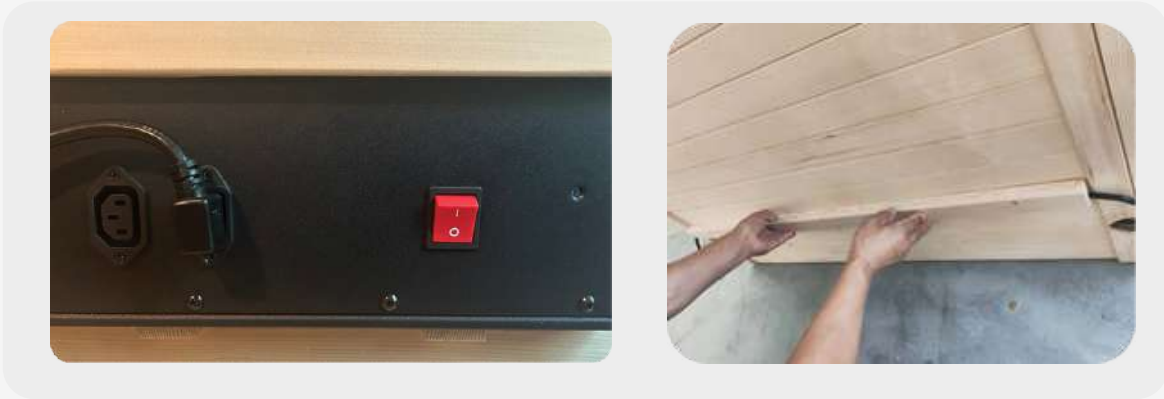
6. Place Red Light in window from the inside of the sauna. Ensure it is snug against the backing that was installed in the previous step.



7. Install the Red Light frame on the inside of the sauna using **35mm screws**. This frame has a very tight fit. You may need to use a few strong taps to get frame into place before securing with **35mm screws**.



- 8. Plug in red light and turn power on. Optional: Install cord cover on the exterior of the left side panel in pre-drilled holes.



RED LIGHT CONTROLS



Power On / Off



Select Mode - Red Light, Near Infrared, or Both
*Power must be OFF to change Mode



Timer Control



Mode Display

GROUNDING INSTRUCTIONS

Plug any grounding products into the top hole on the outlet located by the floor of the sauna on the right side panel.



HOW TO USE INSTRUCTIONS

a. Caution:




- Check all the circuitry and the plug connections carefully.
- Do not share the outlet with other electrical appliances to avoid danger.
- Do not use the sauna room if under the influence of alcohol, drugs or medications.
- Pregnant women or persons with poor health should consult their physicians before use.
- Minors should be supervised in order to prevent injury.
- Allow up to 15 minutes heat up time.
- Do not use the room for drying clothes, bathing suits, etc.
- Do not put animals in the sauna.

b. Use Environment:

- Temperature: 41F~106F.
- Comparative humidity: $\leq 85\%$.
- Atmospheric pressure: 700hpa~1060hpa.

c. Operation Instructions:



Press the  key to turn light on/off. To change the color hold the  key for 8 seconds. You will hear the beep and the temperature display will show "LE". Press the  key to toggle between colors. Once you have the setting you want, do not touch press any buttons for 5 seconds and your setting will be saved.

The Infrared Heaters will shut off once the temperature of the sauna reaches 165F.







Standby state:

When plugged in, the sauna will be on standby. The backlight will be on.

Turning on:

Press  key, the sauna will be on, it will display “-”, “-” on screen, Lamp will be on. LOGO backlight will also be on.


Function:

When the sauna is on, press “  ” key. Temperature and time will turn on to the setting from the last use of the sauna.


Time setting: when the sauna is on, press +, - to adjust time, time range is 5 min to 60min, every press will adjust 1 min, if you keep pressing this key, time will adjust continuously.


Temperature setting:

When the sauna is on, press +, - to adjust temperature. Temperature range is to 149F. Every press will adjust 1F. If you keep pressing this key, temperature will adjust continuously.

Press this therapy key  to start therapy function. Temperature is fixed at 113F. Time is 30 min.

Lamp setting:

When the sauna is on, press  to turn on / off lamp. Press and hold for 5 seconds and it will show “LE” in temperature display screen, and “OX” in time display zone.

When it displays LE, press  once to change colors and memorize. (L01 RGB is all on, L02b red blue, L03 blue, L04 blue green, L05 green, L06 green red, L07 red, L08 jumping change, L09 gradual change). If no key is pressed for 8 seconds, the sauna will return to normal mode and the last light setting will be active.

Errors/alerts:

1. High temperature protect function. When temperature sensor detects sauna temperature is over 75!, the two display screen will show HH, it will buzz and flicker, the sauna will be off. When temperature is lower than 75!, the sauna still can't be turned on, need to unplug and plug the electric outlet to have the sauna turned on again.



2. Temperature sensor fault detect.

Open circuit: when the two display screens show “EO” and flicker, the control panel will buzz, sauna can not be running, will return normal use after trouble removal.

Short circuit: when the two display screens show “E1” and flicker, the control panel will buzz, sauna can not be running, will return normal use after trouble removal.

d. Maintenance:

The sauna room should be kept clean and odor free.

Towels should always be used on benches and floor otherwise perspiration penetrates the soft wood.

Air out the room often by keeping the door and vents open when the room is not in use.

Clean the glass with diluted vinegar.

To clean stains in the sauna. Scrub dampened baking soda into the wood and then wipe it clean with a damp cloth. If you do anything to dampen the wood, follow-up with heating-up the sauna long enough to assure thorough drying.

With more persistent staining, use a fine grit sandpaper and sand along the grain of the wood (to avoid scratching). Vacuum away the dust or wipe it up with a dampened cloth and dry.



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