

# HEAVENLY HEAT

## COMBINATION SAUNA

Instruction Manual



Heavenly Heat  
Saunas

# TABLE OF CONTENTS

Installation Procedure	03
a. Caution	03
Instructions	03
Step: 1	03
Step: 2	03
Step: 3	04
Step: 4	04
Step: 5	05
Step: 6	05
Step: 7	05
Step: 8	06
Step: 9	07
How to Use	08
a. Caution	08
b. Use Environment	08
c. Infrared Heater Operation Instructions	08
d. Other Operation Instructions	10
e. Maintenance	11



## INSTALLATION PROCEDURE

Dear users,

Please read the directions carefully before use. The installation of the sauna requires a minimum of 2 people. You should not try to install the sauna on your own.

### a. Caution:

1. No plumbing or plumbing fixtures should be placed in the sauna.
2. Keep all liquids away from the heating panels.
3. Install sauna on a completely level surface.
4. Install sauna in an area that is dry.
5. Flammable objects and corrosive chemical substances should be kept far away from the sauna.

### Instructions

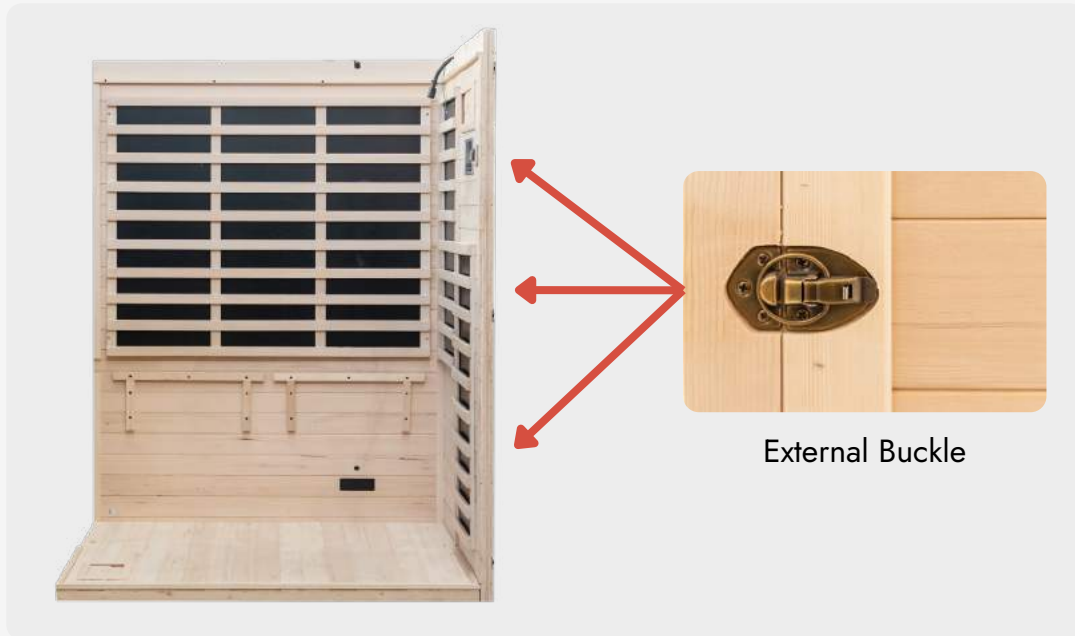
1. Open sauna packages in a large area. Place Floor Panel (Box C) in desired location.



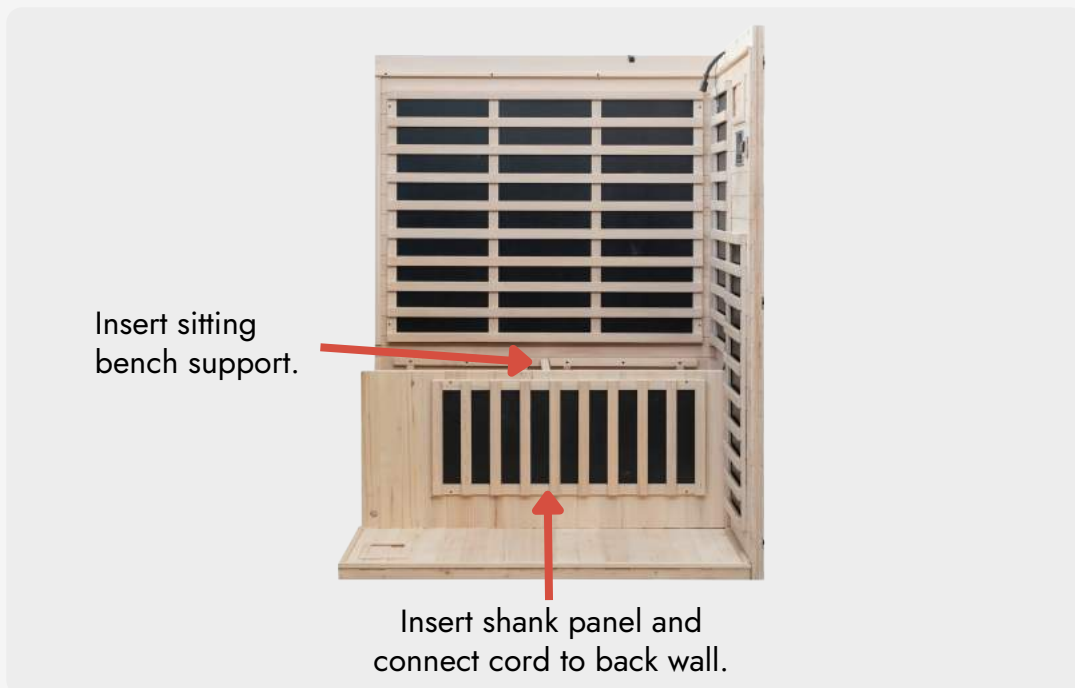
2. Place Back Panel (Box A) snug behind Floor Panel.



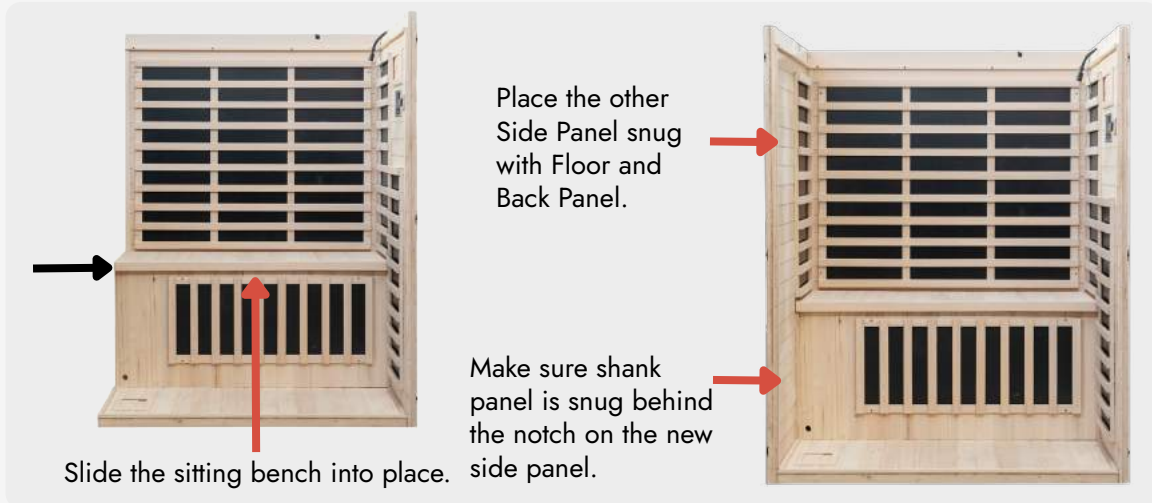
3. Place Side Panel (Box B) snug to Floor Panel and Back Panel. Make sure panels are completely snug. Secure with three external buckles on exterior of panels. The external buckles should only be used to secure the panel. They are not used to tighten the fit of the panels. Make sure panels are completely snug before securing external buckles.



4. Insert the shank panel snug behind the notch on the side panel and connect cord to the Back Panel. After installing the shank panel, insert the sitting bench support piece.

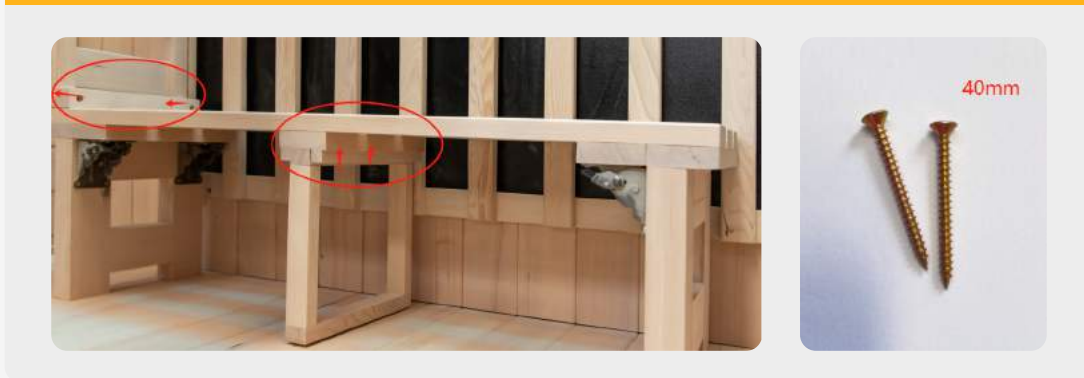


5. Slide the sitting bench into place. Place the other Side Panel snug with Floor and Back Panel. Make sure the shank panel is snug behind the notch on the new side panel. Secure other Side Panel to Back Panel with 3 external buckles.

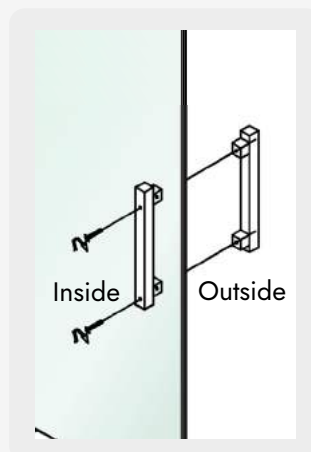


6. Assemble and place foot bench.

#### Foot bench assembly with 40mm screws

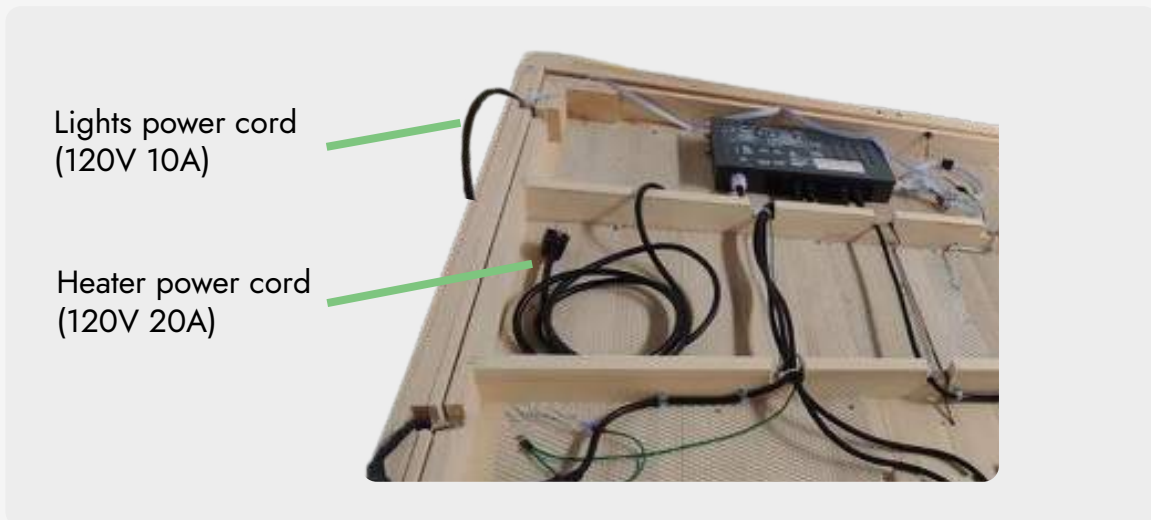
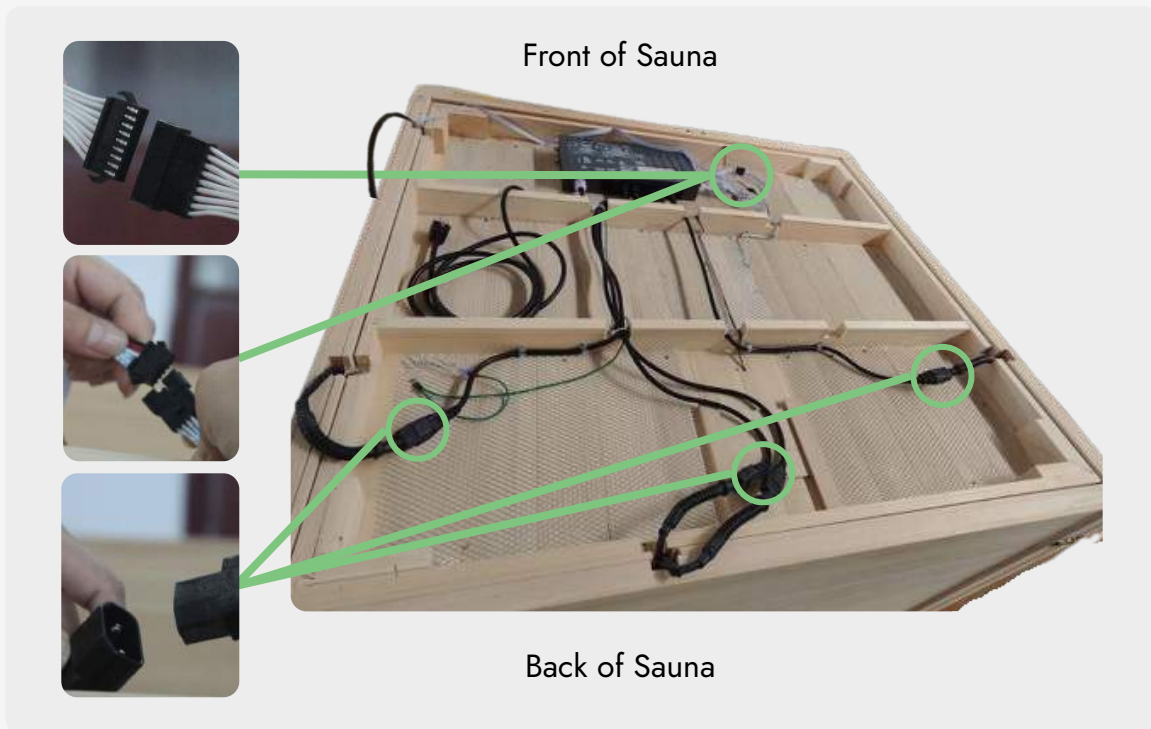


7. Install door handle with provided bolts. Do not over-tighten bolts. Then install front panel (Box A). Ensure front panel is snug with the Floor and both Side Panels before securing external buckles.





8. **\*Make sure to clear all wires from the walls to the outside of the sauna so the inner ceiling will fit into place\***. Lift ceiling over the top of sauna and it will slide into place snug with Front, Back, and Side Panels. The vent is located at the back of the sauna above the bench, and the black electrical box is located towards the front of the sauna. Next, connect all cords from the Back and Side panels to the corresponding plugs on the ceiling.



9. Whole sauna: Electrician Still Needs to do the installation of the traditional stone heater.



### **Congratulations!**

*The assembly of the sauna is complete and you're ready for the electrician to install the traditional heater. You can now use the infrared heaters in the sauna.*



## HOW TO USE INSTRUCTIONS

### a. Caution:

1. Check all the circuitry and the plug connections carefully.
2. Do not share the outlet with other electrical appliances to avoid danger.
3. Do not use the sauna room if under the influence of alcohol, drugs or medications.
4. Pregnant women or persons with poor health should consult their physicians before use.
5. Minors should be supervised in order to prevent injury.
6. Allow up to 15 minutes heat up time.
7. Do not use the room for drying clothes, bathing suits, etc.
8. Do not put animals in the sauna.

### b. Use Environment:

1. Temperature: 41F~106F.
2. Comparative humidity:  $\leq 85\%$ .
3. Atmospheric pressure: 700hpa~1060hpa.

### c. Infrared Heater Operation Instructions:



On / Off



Heaters On / Off



Timer Control



Temperature Control

The Infrared Heaters will shut off once the temperature of the sauna reaches 150F.

If you run the traditional heater up to a certain temperature, it may trigger a beeping from the control panel. You can unplug the 120V 20A cord to disable this beeping.









### Standby state:

When plugged in, the sauna will be on standby. The backlight will be on.

### Turning on:

Press  key, the sauna will be on, it will display “-”, “-” on screen, Lamp will be on. LOGO backlight will also be on.

### Function:

When the sauna is on, press “  ” key. Temperature and time will turn on to the setting from the last use of the sauna.

Time setting: when the sauna is on, press +, - to adjust time, time range is 5 min to 60min, every press will adjust 1 min, if you keep pressing this key, time will adjust continuously.

### Temperature setting:

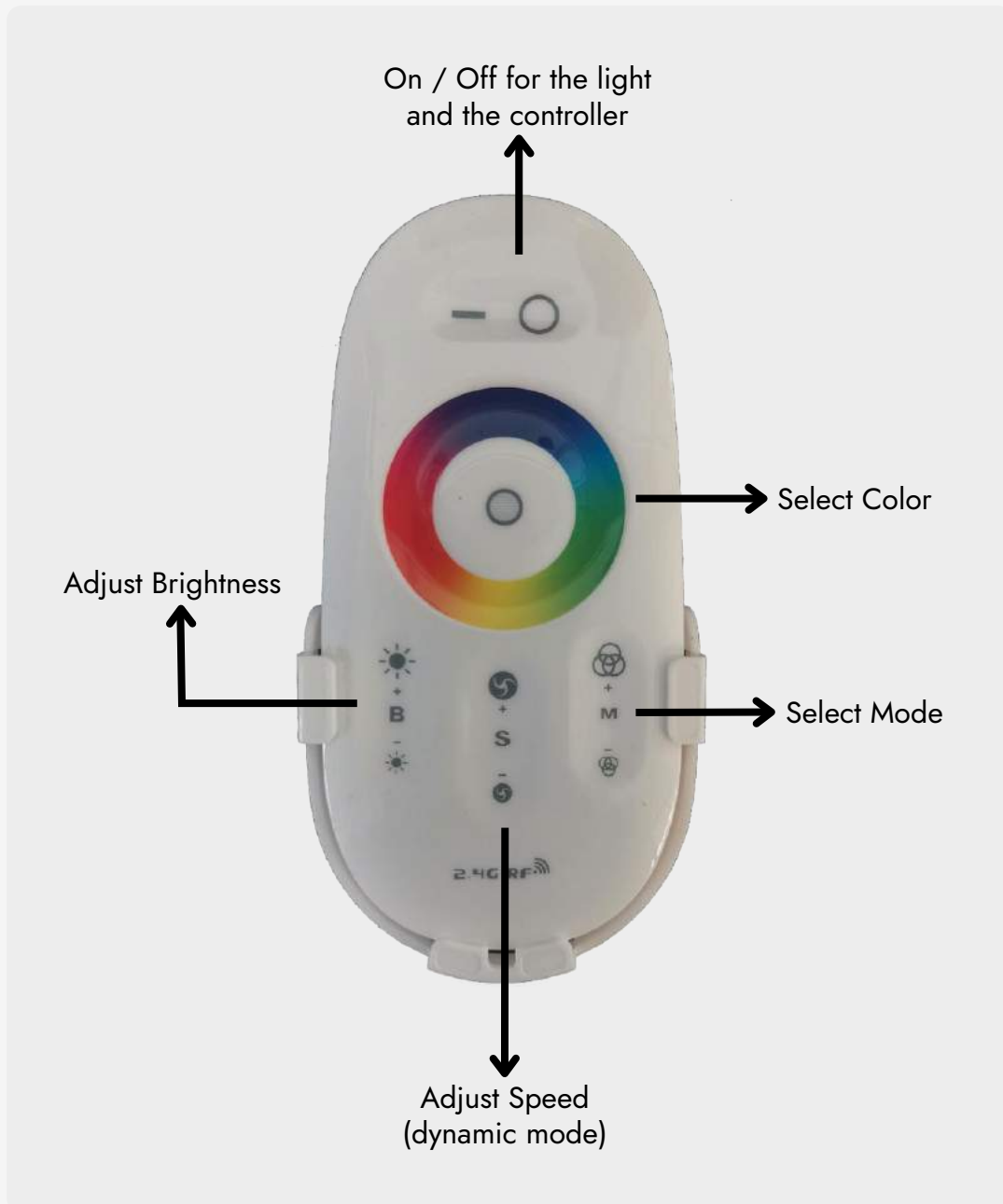
when the sauna is on, press +, - to adjust temperature, temperature range is to 149F. Every press will adjust 1F. If you keep pressing this key, temperature will be adjust continuously.

Press this therapy key  to start therapy function, temperature is fixed at 113F, time is 30 min.



#### d. Other Operation Instructions:

1. Use the knobs on the traditional heater to control the time and temperature.
2. Open and close the vents in the sauna to regulate airflow.
3. Light remote.



## e. Maintenance:

1. The sauna room should be kept clean and odor free.
2. Towels should always be used on benches and floor otherwise perspiration penetrates the soft wood.
3. Air out the room often by keeping the door and vents open when the room is not in use.
4. Clean the glass with diluted vinegar.
5. To clean stains in the sauna. Scrub dampened baking soda into the wood and then wipe it clean with a damp cloth. If you do anything to dampen the wood, follow-up with heating-up the sauna long enough to assure thorough drying.
6. With more persistent staining, use a fine grit sandpaper and sand along the grain of the wood (to avoid scratching). Vacuum away the dust or wipe it up with a dampened cloth and dry.



1-928-235-8081

[support@heavenlyheatsaunas.com](mailto:support@heavenlyheatsaunas.com)

543 E Andy Devine Ave, Kingman,  
AZ 86401, United States

Copyright © 24  
Heavenly Heat Saunas.  
All rights reserved.



# Heavenly Heat

## Saunas

